



Sunday 30th August 2026

Welcome to Saint Laurence.

Adventurers (groups for children and young people) meet during the 9.30 am Mass. Leaders will normally invite children to join in with these at the appropriate point in the service. Activity packs and children's service books are available from the back of church.

You are warmly invited to stay for refreshments in the Main Hall after the 9.30 Mass.

Today 30 th August <i>Trinity 13</i>	Holy Communion	8.00 am
	Sung Parish Mass	9.30 am
	Admission to Holy Communion Meeting – Parish Office	11.00 am
	Evensong on Zoom	6.30 pm
Wednesday 2 nd September	Morning Prayer, Lady Chapel	8.45 am
	Staff Meeting, Parish Office	9.00 am
	Said Mass, Lady Chapel	11.00 am
Thursday 3 rd September	Choir Practice	8.00 pm
Friday 4 th September	Coffee Morning, Main Hall	10.30 am
Next Sunday 6 th September <i>Trinity 14</i>	Holy Communion	8.00 am
	Building Faith – Main Hall	8.00 am
	Sung Parish Mass	9.30 am
	Servers' Meeting in Church	11.00 am
	Evensong on Zoom	6.30 pm

Evensong readings this Sunday: 2 Kings 6.24-25, 7.3-end, Acts 18.1-16.

Mass readings next Sunday: Ezekiel 33.7-11, Romans 13.8-end

Evensong readings next Sunday: Ezekiel 12.21-13.16, Acts 19.1-20

Saturday Pathsweepers: 5th September Thomson & Masterson **Coffee:** 6th September Beryl and Maureen

Please let Revd Susannah or Deborah Masterson know of anyone who is ill or in need of a pastoral visit, or housebound and wanting to receive the sacrament at home – or if you would appreciate a conversation or visit for any reason.

NOTICES

Today – there will be a meeting in the parish office at 11am for children and their parents who are interested in admission to Holy Communion. This is offered to children in year 3 and above who already regularly attend church.

Macmillian Coffee Mornings - as has been the custom for the last few years the proceeds from the Friday morning coffee sessions will be donated to Macmillian Cancer Support.

Ride and Stride, raising money for the Friends of Essex Churches Trust and giving some money straight back to St Laurence, will take place again on Saturday 12th September. If anyone would like to join our team of walkers who are most likely to be walking around churches in Leytonstone, please speak to Rob Brabner, or Susannah and she will put you in touch with him.

Servers' meeting there will be a meeting for all who serve at the 9.30 mass in church at 11am on Sunday 6th September.

Ordination of our new Assistant Curate -Fiona will be ordained Deacon on Sunday 13th September at 2pm at Chelmsford Cathedral by Bishop Guli. This is a significant occasion, not only for Fiona but for our whole parish, as we celebrate God's faithfulness and give thanks for the beginning of Fiona's ministry as Assistant Curate in our parish.

Members of St Laurence are warmly invited to attend the service. Places are not ticketed and there should be room to accommodate all who wish to attend. It would be helpful to know who is planning to come, so please speak to Susannah if you are intending to be there or if you have any queries. Please hold Fiona in your prayers in the coming weeks, asking that the Holy Spirit will fill her with wisdom, grace, compassion and courage for her ministry.

Confirmation/enquirers'/refresher course: The dates for this are now confirmed - we will be meeting after the Wednesday Mass (i.e. approx 11.45-12.45pm) on 16th and 23rd September and 7th and 21st October. The next Confirmation service will take place on the afternoon or evening of Sunday 25th October at Rainham Parish Church. However, participation in the course carries no obligation to be confirmed, and is open to those who have already been confirmed - anyone who would like to explore, revisit and discuss some of the foundational aspects of Christian faith would be very welcome. Please let Susannah know if you would like to join.

Christingle – Looking ahead: We are hoping to hold our Christingle Parade as usual at 4pm on Sunday 6th December. However, this year it will not be possible for it to go ahead unless someone is able to volunteer to coordinate

teams to prepare the Christingles on Frida 4th or Saturday 5th December and to assist with running the service. Please contact Susannah by Sunday 13th September if you can help

Bread & Wine for Communion - If you would like to take up the bread & wine for Communion at the Offertory on a Sunday to mark a special occasion or in memory of someone or for any other reason, please speak with the Churchwardens who will be happy to diarise a particular Sunday with you.

Summer Read - We will be holding a Summer Read this year (where we read a novel individually and then meet up to talk about it). This year's book is 'Light Perpetual' by Francis Spufford. It has received many excellent reviews and is a re-imagining of what the lives of children killed in a blast in the Blitz could have been like had they lived, and with this an interesting overview of the social history of London in the latter part of the 20th Century. We will meet to discuss the book at 11am on Sunday 6th September. Please let Susannah know if you would like to come along.

Please consult notice boards under the tower and in the porch for other notices and further information

AT THE MASS

30th August 2026

Sunday Trinity 13

Introit **742** O for a thousand tongues

Setting Mass of St Thomas – Thorne

Collect of the Day

Almighty God,
who called your Church to bear witness
that you were in Christ reconciling the world to yourself:
help us to proclaim the good news of your love,
that all who hear it may be drawn to you;
through him who was lifted up on the cross,
and reigns with you in the unity of the Holy Spirit,
one God, now and for ever. **Amen.**

Jeremiah 15:15-21

O Lord, you know;
remember me and visit me,
and bring down retribution for me on my persecutors.
In your forbearance do not take me away;
know that on your account I suffer insult.
Your words were found, and I ate them,
and your words became to me a joy
and the delight of my heart;
for I am called by your name,
O Lord, God of hosts.
I did not sit in the company of merrymakers,
nor did I rejoice;
under the weight of your hand I sat alone,
for you had filled me with indignation.
Why is my pain unceasing,
my wound incurable,
refusing to be healed?
Truly, you are to me like a deceitful brook,
like waters that fail.

Therefore, thus says the Lord:
If you turn back, I will take you back,
and you shall stand before me.
If you utter what is precious, and not what is worthless,
you shall serve as my mouth.
It is they who will turn to you,
not you who will turn to them.
And I will make you to this people
a fortified wall of bronze;
they will fight against you,
but they shall not prevail over you,
for I am with you
to save you and deliver you, says the Lord.

I will deliver you out of the hand of the wicked,
and redeem you from the grasp of the ruthless.

Romans 12:9-end

Let love be genuine; hate what is evil, hold fast to what is good; love one another with mutual affection; outdo one another in showing honour. Do not lag in zeal, be ardent in spirit, serve the Lord. Rejoice in hope, be patient in suffering, persevere in prayer. Contribute to the needs of the saints; extend hospitality to strangers.

Bless those who persecute you; bless and do not curse them. Rejoice with those who rejoice, weep with those who weep. Live in harmony with one another; do not be haughty, but associate with the lowly; do not claim to be wiser than you are. Do not repay anyone evil for evil, but take thought for what is noble in the sight of all. If it is possible, so far as it depends on you, live peaceably with all. Beloved, never avenge yourselves, but leave room for the wrath of God; for it is written, 'Vengeance is mine, I will repay, says the Lord.' No, 'if your enemies are hungry, feed them; if they are thirsty, give them something to drink; for by doing this you will heap burning coals on their heads.' Do not be overcome by evil, but overcome evil with good.

Alleluia

Plainsong

Matthew 16:21-end

From that time on, Jesus began to show his disciples that he must go to Jerusalem and undergo great suffering at the hands of the elders and chief priests and scribes, and be killed, and on the third day be raised. And Peter took him aside and began to rebuke him, saying, 'God forbid it, Lord! This must never happen to you.' But he turned and said to Peter, 'Get behind me, Satan! You are a stumbling-block to me; for you are setting your mind not on divine things but on human things.'

Then Jesus told his disciples, 'If any want to become my followers, let them deny themselves and take up their cross and follow me. For those who want to save their life will lose it, and those who lose their life for my sake will find it. For what will it profit them if they gain the whole world but forfeit their life? Or what will they give in return for their life?

'For the Son of Man is to come with his angels in the glory of his Father, and then he will repay everyone for what has been done. Truly I tell you, there are some standing here who will not taste death before they see the Son of Man coming in his kingdom.'

Offertory hymn	604 Brother, sister, let me serve you
Communion hymn	358 Be still for the presence of the Lord
Final hymn	765 Praise to the Lord
Organ Voluntary	Menuet Gothique – Léon Boëllmann

FOR YOUR PRAYERS

Prayer request forms are available at the back of church. Please use them if you wish us to pray for someone.

Sunday: Pam Chapman, Vicki Hobbs, Bill, Carole Billings, Rosalind Manley, Simon Pols, Brian Shaw, Glynis Whiting, Sylvia Wilson, Maria, Marie Tyler, Spencer Croucher, Malcolm Charlton, Christine Matthews Ann O'Riordan.

Wednesday: Denise Comer, Baby Charles, Doreen, Michael Folkes, Mary Greig, Stanley Oliver, Alan Jones, Sandra Clarke, Michael McSweeney, Terry Evens, Rebecca Mitcham.

Additional Prayers: All those receiving Home Communion.

Recently departed:

Anniversaries of the departed: Pat Harding, Tony Mason, Vera Napier, Ruth Cator, Frank Edwards, Arthur Salter, Keith Bonny

CHARITY OF THE MONTH THE MARILLAC NEUROLOGICAL CARE CENTRE

The Marillac is an independent, not for profit care home which relies on good will and generosity to provide quality and comfort for residents. We always look for new ways to extend our services for younger people with physical and neurological disabilities - sponsorship for this is invaluable.

Donation envelopes are on the notice board at the back of church.

Charity Registration No. 1184495 Eagle Way, Warley Brentwood CM13 3BL

DONATIONS

A cash collection will be taken during Sunday morning services for church funds, which support our mission and ministry including the upkeep of this historic site. If you do not carry cash, we also have a card machine located by the main door which can be used before or after the service.

If you are a UK taxpayer, please consider Gift Aiding your donation - either via the machine or (for cash) using the envelope available in the pew. This means that your donation will be worth more to the church but at no extra cost to you.

If you would like information about joining our Planned Giving scheme, leaflets are available from the back of church.

Thank you - whatever you feel disposed to give will be thankfully received and faithfully applied.

EASYFUNDRAISING

The church is registered (as St Laurence Church, Upminster) on easyfundraising.org.uk - if you register an account, select the church as a cause and download the web browser extension then every time you spend money on many retail websites and have activated the extension, a percentage of your spend will be donated to St Laurence at no cost to you. The individual amounts are small but every little adds up - please help us via this route if you can.

THANK YOU FOR YOUR SPONSORSHIP.....

If you would like to know about sponsorship, please pick up a leaflet from the back of church or speak to Chris and Nancy (Churchwardens), Susannah (Rector) or Verity (Parish Administrator).

CONTACTS

Rector The Revd Susannah Brasier

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Licensed Lay Worker (Asst Curate designate) Fiona Macaulay

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Pastoral Assistant Deborah Masterson

01708 609816 deborah.masterson@upminsterparish.co.uk

Churchwardens Chris and Nancy Mowat

parish.office@upminsterparish.co.uk

Parish Safeguarding Officer Akosua Boachie

07760 791032 safeguarding@upminsterparish.co.uk

Director of Music Nigel Lockwood

07899 876247 nigel.lockwood@upminsterparish.co.uk

Parish Office Verity Helby

01708 220696 parish.office@upminsterparish.co.uk

Open: Tue. 8.30-12.30pm, Wed. 9-11am (Staff Meeting), Thur. 8.00-12.30pm.

Hall Bookings Becky Perchard

07341 434798 halls.bookings@upminsterparish.co.uk

Planned Giving treasurer@upminsterparish.co.uk

Website www.upminsterparish.co.uk

Address St Laurence Church, Corbets Tey Road, Upminster, RM14 2BB

Welcome to the Parish Church of Upminster. If we have not met you before, do introduce yourself. If you wish, give these details to one of the officials.

Name

Telephone

**Revd Susannah sends a weekly email about services, news and events.
Please email her if you would like to receive her emails.**